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# Spatial distribution and orientation of dermatan sulfate in human medial collateral ligament

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#### 10 Abstract

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The proteoglycan decorin and its associated glycosaminoglycan (GAG), dermatan sulfate (DS), regulate collagen fibril formation, 11 12 control fibril diameter, and have been suggested to contribute to the mechanical stability and material properties of connective tissues. 13 The spatial distribution and orientation of DS within the tissue are relevant to these mechanical roles, but measurements of length and 14 orientation from 2D transmission electron microscopy (TEM) are prone to errors from projection. The objectives of this study were to construct a 3D geometric model of DS GAGs and collagen fibrils, and to use the model to interpret TEM measurements of the spatial ori-15 16 entation and length of DS GAGs in the medial collateral ligament of the human knee. DS was distinguished from other sulfated GAGs 17 by treating tissue with chondroitinase B, an enzyme that selectively degrades DS. An image processing pipeline was developed to analyze 18 the TEM micrographs. The 3D model of collagen and GAGs quantified the projection error in the 2D TEM measurements. Model pre-19 dictions of 3D GAG orientation were highly sensitive to the assumed GAG length distribution, with the baseline input distribution of 20  $69 \pm 23$  nm providing the best predictions of the angle measurements from TEM micrographs. The corresponding orientation distribution 21 for DS GAGs was maximal at orientations orthogonal to the collagen fibrils, tapering to near zero with axial alignment. Sulfated GAGs 22 that remained after chondroitinase B treatment were preferentially aligned along the collagen fibril. DS therefore appears more likely to 23 bridge the interfibrillar gap than non-DS GAGs. In addition to providing quantitative data for DS GAG length and orientation in the 24 human MCL, this study demonstrates how a 3D geometric model can be used to provide a priori information for interpretation of geo-25 metric measurements from 2D micrographs.

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27 Keywords: Ligament; Decorin; Glycosaminoglycan; Dermatan sulfate; Geometric model

#### 28 1. Introduction

Ligaments are collagen-based tissues that resist abnormal joint motions by connecting bone to bone. Ligament is approximately 70% Type I collagen by dry weight (Amiel et al., 1990), with the balance of the hydrated tissue consisting of "ground substance", which is a gel-like mixture of proteins, proteoglycans (PGs), glycosaminoglycans

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(GAGs), and water surrounding the ordered collagen 35 fibrils. GAGs in ligament constitute 0.2–5.0% of the total 36 dry weight (Amiel et al., 1984; Gillard et al., 1977). 37 Although only a small percentage of tissue, understanding 38 the distribution and structural organization of GAGs in 39 ligament may shed light on the role of these important molecules. 41

Decorin, a small leucine-rich PG, has been demonstrated 42 to play diverse roles in connective tissues, ranging from regulation of collagen fibril formation (Vogel et al., 1984) to 44 affecting the mechanical properties of the tissue (Danielson 45 et al., 1997; Robinson et al., 2005). Decorin is the most 46

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47 prevalent PG species in ligaments in terms of molar quan-48 tity (Ilic et al., 2005) and it localizes to (or "decorates") the 49 surface of collagen fibrils in a repeating fashion (Pringle 50 and Dodd, 1990). The decorin core protein is thought to be 51 either a horseshoe- or banana-shaped molecule and to 52 straddle a single collagen triple helix, binding every 67 nm 53 along the fibril surface at the D-period band gap in the tro-54 pocollagen quarter-stagger pattern (Scott, 1996; Scott and 55 Orford, 1981; Scott et al., 2004). The exact 3D conforma-56 tion of decorin, including whether it functions as a mono-57 mer or dimer, remains a subject of debate (Goldoni et al., 58 2004; Scott, 2003; Scott et al., 2004; Weber et al., 1996). 59 Depending on the tissue, either a single dermatan sulfate 60 (DS) or a single chondroitin sulfate (CS) GAG side chain is 61 covalently bound near the amino terminus of the decorin 62 core protein (Chopra et al., 1985). This binding site allows a 63 single DS chain to be exposed to the interfibrillar space. 64 Conformational flexibility within the iduronate residues 65 along the DS backbone may yield the flexibility to align the 66 GAG in many possible orientations with respect to the col-67 lagen fibril (Scott, 1992; Venkataraman et al., 1994). DS 68 chains can self-associate under physiological conditions, 69 containing up to 10 or more individual GAG chains as an 70 aggregate (Ernst et al., 1995; Scott, 1992). It should be 71 noted that the biglycan PG, although significantly less prev-72 alent than decorin in ligament (Ilic et al., 2005), contains 73 two GAG side chains, either DS and/or CS (Trowbridge 74 and Gallo, 2002).

75 The GAG side chain of decorin has been described as 76 forming interfibrillar proteoglycan bridges by aggregation 77 of GAG chains from adjacent collagen fibrils (Scott, 2001; 78 Scott and Thomlinson, 1998) and the bridges have been 79 suggested to play a direct role in the mechanical integrity of 80 tendons (Liu et al., 2005; Redaelli et al., 2003; Vesentini 81 et al., 2005). The interfibrillar bridges have been proposed 82 to elastically sustain mechanical stresses in fibrous colla-83 gen-based tissues through a reversible longitudinal slippage 84 model (Scott and Thomlinson, 1998). Within that model, 85 GAG chains may act as a lubricant between adjacent collagen fibrils, cushioning compressive forces (Scott, 2003). 86 87 Recent research has attempted to quantify mechanical 88 interactions in the collagen-decorin-DS bond chain (Liu 89 et al., 2005). Liu quantified the GAG–GAG association to 90 be the weakest link, overcome by strong attractive forces 91 between the decorin core protein and tropocollagen mole-92 cule, and weaker still than the decorin-DS bond at the pro-93 tein-GAG interface, supporting the mechanism of the 94 longitudinal slippage model.

95 Although DS GAGs have been qualitatively described 96 as oriented roughly orthogonal to collagen fibrils in various 97 tissues (Cribb and Scott, 1995; Kuwaba et al., 2001; Rasp-98 anti et al., 1997, 2002; Scott, 1988; Scott and Orford, 1981; 99 Scott and Thomlinson, 1998; Van Kuppevelt et al., 1987), 100 quantitative data for their spatial distribution and orienta-101 tion in any connective tissue are unavailable. Further, although other species of large sulfated GAGs have been 102 103 shown interspersed between and along the collagen fibrils (Raspanti et al., 1997, 2002; Van Kuppevelt et al., 1987), the104relative proportions and species of sulfated GAGs at each105orientation have yet to be determined. Understanding how106GAGs are oriented and distributed with respect to collagen107fibrils has implications ranging from tissue modeling to108gaining a broader understanding of molecular-level mate-109rial symmetries and mechanics.110

111 To date, existing models of GAG mechanics within fibrous connective tissues have assumed perfectly orthogo-112 113 nal GAG symmetry with respect to neighboring collagen fibrils (Redaelli et al., 2003). Measurements of three-dimen-114 sional (3D) GAG orientation are complicated by the fact 115 that the primary method of viewing has been with two-116 117 dimensional (2D) TEM micrographs. When GAG structure and orientation are examined in 2D TEM micrographs, 118 119 information is lost. The viewer is unable to tell if a GAG is leaving the viewing plane or is contained wholly within the 120 preparation, if a GAG overlaps another in the viewing 121 122 plane, or the exact three-dimensional orientations with 123 respect to the neighboring collagen fibrils.

The objectives of this study were to quantitatively deter-124 mine the quantity, length, and 3D orientation of DS GAGs 125 in the human medial collateral ligament (MCL). To achieve 126 this goal, we created a 3D geometric model of sulfated 127 GAGs interspersed within an array of collagen fibrils, and 128 used this model to interpret measurements of apparent 129 quantity, length, and orientation from 2D TEM images. 130 Digestion with chondroitinase B (ChB, an enzyme that spe-131 cifically degrades DS) was used to distinguish DS GAGs 132 from non-DS GAGs. Custom image processing software 133 was written to allow reliable segmentation of stained 134 GAGs in 2D TEM images. 135

#### 2. Methods

### 2.1. Collagen/GAG model inputs 137

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A 3D geometric model of collagen and GAGs in tendon 138 139 and ligament was created using parameters for collagen fibril diameter, fibril area (cross-section), GAG length, and 140 GAG distribution. It should be noted that when DS GAGs 141 142 are described in the models and 2D TEM images, these structures are likely aggregates of at least two GAGs. Col-143 144 lagen fibril diameter varies by tissue but not necessarily by species (Fung et al., 2003). Measurements of collagen fibril 145 diameter from various tendons and ligaments place the 146 range from 50 to 200 nm and measurements of the ratio of 147 collagen cross-sectional area to total transverse cross-sec-148 tional area range from 40 to 70% (Baek et al., 1998; Frank 149 et al., 1989; Fung et al., 2003; Hart et al., 1999; Lo et al., 150 2004; Silver et al., 2003). In the baseline model, collagen 151 fibrils were assigned a diameter range of 90-110 nm and 152 collagen area as a proportion of total transverse cross-sec-153 tional area was targeted at 50-65%. 154

A study of decorin PGs using rotary shadowing electron 155 microscopy provides realistic measurements of their 3D 156 length. Decorin PGs from bovine tendon were isolated onto a 157

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158 fixed plane before imaging (Morgelin et al., 1989). Small single 159 GAG chain PGs, likely decorin, assumed a near-Gaussian 160 length distribution with a mean of  $69 \pm 23$  nm. The core pro-161 tein appeared to be only a small fraction of the overall length. 162 This profile of GAG lengths was used in the baseline geomet-163 ric model to represent the DS population in ligament.

The spatial distribution of GAGs in the model was quasi-random with respect to the collagen fibrils. GAG angle was not constrained, rather GAGs were allowed to project from collagen fibrils at any angle so long as they did not occupy the space taken up by another GAG or a collagen fibril.

### 170 2.2. Collagen/GAG model generation

171 Given the parameters stated previously, a highly control-172 lable and repeatable 3D computer model of a 3D collagen/ 173 GAG matrix was programmed using C++. Collagen was 174 generated in a quasi-hexagonal packing scheme, using a "jitter" parameter to introduce deviations from perfect 175 176 crystalline organization. A seed (random number) created a 177 unique collagen pattern and therefore a unique GAG dis-178 tribution. Any given model could be repeated by using the 179 same seed. An executable version of the software, which runs under the Microsoft WindowsXP operating system, is 180 available for download in the Supplementary Material sec-181 182 tion on the Journal web page.

GAG length in the 3D geometric model was varied as 183 184 defined by an input distribution (mean  $\pm$  standard deviation). 185 D-period bands were labeled every 67 nm along the length of the collagen fibrils and their location was not dependent on 186 187 bands of neighboring fibrils. GAGs were generated by first choosing a collagen fibril and D-period band, then projecting 188 189 a GAG from the band at an angle such that the GAG linked 190 to another D-period band on a neighboring fibril. This con-191 struction is consistent with the often hypothesized aggregation 192 of GAG chains from adjacent fibrils to create interfibrillar 193 cross-links. GAGs were not allowed to pass through the space 194 occupied by other GAGs or collagen fibrils (Fig. 1A).

195 2.3. Creation of 2D synthetic TEM micrographs from the 3D196 geometric model

A sectioning volume was created in the software to simulate the thickness of our TEM preparations (70 nm). The

sectioning plane could be centered at any point into the 199 depth of field of the model. A clipping mode allowed the 200 user to turn off display of the collagen fibrils and GAGs 201 outside the sectioning plane to visualize the GAG geometries within the plane (Fig. 1B). A projection feature was 203 used to create synthetic two-dimensional TEM micro- 204



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Fig. 1. Three-dimensional geometric model of a collagen and GAG matrix. (A) Example of a collagen matrix volume generated with GAGs dispersed throughout. The range of collagen fibril diameters and spacing are exaggerated to assist visualization. (B) A representative sectioning plane from the matrix in (A). GAGs within section plane are still three dimensional, but collagen and GAGs outside the section have been removed for clarity. (C) Two-dimensional projection of the three-dimensional sectioning plane. Note that discrete GAGs in three dimensions sometimes appear to overlap one another and appear shorter than their three-dimensional length. Model and sectioning plane are 1300 × 1300 nm, simulating overall dimensions of a TEM image. Arrow denotes viewing plane from which measurements were taken. Scale bars = 200 nm.

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205 graphs by projecting the three-dimensional GAGs within the sectioning plane to the viewing plane (Fig. 1C). 206

207 Outputs from the software included GAG angle with 208 respect to collagen fibrils and GAG length. These data were 209 available for the entire 3D volume, within a 3D sectioning 210 volume, and for the 2D projection planes. The synthetic two-211 dimensional TEM micrographs were saved for later process-212 ing. For the baseline model, 30 section planes were analyzed.

#### 213 2.4. Model sensitivity studies

214 Sensitivity studies were conducted to test the relative 215 impact of the input parameters to the 3D geometric model 216 on the resultant GAG geometries. Seed number (nine differ-217 ent values), range of collagen diameter (70-90, 110-130, 218 and 70-130 nm), GAG length (means of 50, 100, and 219 250 nm), and GAG concentration (three different values) 220 were varied from the values used in the baseline model. 221 Thus, a total of 19 different models were analyzed. Thirty 222 sectioning volumes were captured from each of the 19 mod-223 els and their GAG angle/length data and an image of each 224 two-dimensional projection were saved to files. It is impor-225 tant to note that GAG concentration merely scales the 226 model outputs. As such, all data were normalized for com-227 parative purposes.

#### 2.5. Tissue sample selection 228

229 Five human knees were obtained from five separate 230 donors (age 47-64, median 53). Specimens remained frozen 231 until the time of dissection. Knees were allowed to thaw 232 and were dissected free of fat and extraneous soft tissue. 233 Knees with surgical scars, ligament injury or cartilage 234 degeneration characteristic of osteoarthritis were elimi-235 nated. The medial collateral ligament (MCL) was removed 236 at both the femoral and tibial insertion sites and fine dis-237 sected to remove any overlying fascia. The ligaments were 238 kept hydrated with normal saline throughout the tissue iso-239 lation. Bulk tissue was trimmed to remove four samples 240 from the mid-substance of each MCL.

#### 241 2.6. Glycosaminoglycan digestion

242 To isolate DS proteoglycans from other sulfated proteoglycans, enzymatic treatment with chondroitinase B (ChB) 243 244 was performed on two of the four samples (randomly cho-245 sen) from each MCL, while the other two samples were 246 used as controls. ChB specifically degrades DS (Ernst et al., 247 1995). All samples were equilibrated for 1 h in 15 ml of 248 buffer (20mM Tris, pH 7.5, 150mM NaCl, and 5mM 249 CaCl<sub>2</sub>) and with one tablet of Mini-Complete protease 250 inhibitor (Roche) per 10ml of buffer. Following the 1-h 251 equilibration, the control samples were soaked in 15ml of 252 the same buffer, without protease inhibitors, for 6h at RT. 253 The enzymatic treatment group was soaked in 15ml of the 254 same buffer with 1.0 U/ml of ChB, and then soaked in a 255 stop buffer to inhibit further ChB activity (20mM, Tris pH

7.5, 150 mM NaCl, and 10 mM EDTA). EDTA sequesters 256 residual calcium and inhibits ChB activity, as it is a cal-257 cium-dependent enzyme (Michel et al., 2004). All buffer 258 treatments were performed with gentle agitation using an 259 orbital shaker. To obtain sufficient enzyme for use in this 260 261 study, ChB was cloned in Flavobacterium heparinium as previously described (Pojasek et al., 2001). 262

# 2.7. Specificity of chondroitinase B

The specificity of ChB for DS was verified by incubating 264 stock solutions of sulfated GAGs found in ligament with 265 ChB and then quantifying the concentration of the GAGs 266 using an improved 1,9-dimethylmethylene blue (DMB) 267 268 assay (Farndale et al., 1986). Individual reactions (30 µl, n=6 for each condition) were set up containing 1.0 U/ml 269 ChB and 500 µg/ml of purified GAG (DS, chondroitin sul-270 fate A and C, heparin sulfate, or keratin sulfate). Control 271 reactions were set up containing GAGs and buffer only 272 (20 mM Tris-HCl (pH 7.5), 150 mM NaCl, and 5 mM 273 CaCl<sub>2</sub>). Reactions were allowed to proceed for 6h at RT. 274 GAG concentrations were then quantified using the DMB 275 276 assay. Five microliters of each reaction (diluted 2-fold) was transferred to a 96-well plate in duplicate, along with GAG 277 278 standards. Two hundred microliters of dimethylmethylene blue reagent was added to each well, and the absorbance 279 was immediately read in a plate reader (Synergy HT, Bio-280 tek) at 530 and 590 nm. GAG concentrations were 281 expressed as a percentage of control reactions. 282

#### 2.8. Chondroitinase B activity and removal of dermatan 283 sulfate 284

One control and one ChB-treated sample from each 285 knee were used to verify the removal of DS using the DMB 286 assay. Samples were lyophilized overnight and dry weights 287 were obtained. The samples were then incubated with 20 288 volumes (based on dry weight) of papain buffer for 4h at 289 60 °C until the tissue was completely digested. Papain buffer 290 291 consisted of 50 µg/ml papain, 50 mM sodium acetate, pH 5.5, 2mM dithiothreitol, and 2mM EDTA. Each extract 292 was divided into a control and a ChB group. Twenty-five 293 microliters of extract was mixed with  $25\,\mu$ l of  $2\times$  ChB 294 295 buffer consisting of 0.1 U/ml ChB, 30 mM Tris, pH 8.1, 10 mM NaCl, 25 mM acetate buffer, and 5 mM CaCl<sub>2</sub>. Con-296 297 trol reactions contained the same buffer but lacked ChB. DS digestion was allowed to proceed for 2h at RT. Total 298 GAG content was quantified using the DMB assay in 96-299 well plates as described previously. The DS content of the 300 papain extracts was calculated by subtracting the amount 301 of GAG in the extract treated with additional ChB from 302 that of the extract treated with additional buffer only. 303

## 2.9. Transmission electron microscopy

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The remaining control and ChB-treated specimens from 305 each knee were used for transmission electron microscopy 306

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307 (TEM). TEM allows the visualization of sulfated GAGs by 308 selectively targeting them with an electron-dense stain 309 (Cribb and Scott, 1995; Haigh and Scott, 1986). Tissue was 310 fixed in 4% paraformaldehyde with 2% glutaraldehyde 311 overnight at 4°C with agitation. Twenty micron sections 312 along the sagittal plane of the ligament were obtained on a 313 cryostat (Leica CM3050S, Exton PA) at -25 °C. Sections 314 were mounted on slides, fixed for 30 min (2.5% glutaralde-315 hyde, 25 mM sodium acetate, pH 5.8) and stained at critical 316 electrolyte concentration (CEC) with 0.05% Cupromeronic 317 Blue (CB) (2.5% glutaraldehyde, 25 mM sodium acetate, 318 0.1 M MgCl<sub>2</sub>, and 0.05% CB, pH 5.8) for 3 h at 37 °C. At 319 CEC, the CB selectively binds to sulfated GAGs, acting as a 320 scaffold to support the native conformation of the molecule 321 while reducing translocation of the molecules during fur-322 ther processing (Scott, 1985). Slides were contrasted for 323 30 min in 0.5% aqueous sodium tungstate to amplify the 324 electron density of the CB scaffold. Specimens were then 325 dehydrated through graded ethanol and encapsulated using 326 Spurr's resin. Ultrathin sections ( $\sim$ 70nm) were obtained 327 via ultramicrotome (Leica Ultracut UCT, Exton PA) with a 328 diamond knife (Diatome 45°, Hatfield PA) and ribbons 329 were floated onto 135 Hex copper grids. Grids were con-330 trasted in aqueous uranyl acetate to visually enhance the 331 collagen fibrils.

332 Digital images were collected on a Hitachi H7100 TEM 333 with a LAB6 filament. Fields of view were selected at low 334 magnification (1000–5000 $\times$ ) where intact areas of ligament 335 were visible in the microscopic field. Edges of tissue and 336 areas with fine sectioning artifacts were avoided. Magnifi-337 cation was amplified to  $50000\times$ , the microscope was 338 focused, and an image was collected with the integrated 339 CCD camera. A minimum of five digital images were cap-340 tured from different areas of tissue on a single grid so that 341 an average GAG distribution could be obtained for each 342 sample.

#### 343 2.10. Image processing

344 To locate GAGs in the 2D TEM micrographs and to 345 determine their apparent length and apparent orientation 346 with respect to the local collagen fibrils, an image process-347 ing software pipeline was developed in Matlab using func-348 tions in the Image Processing Toolbox (Mathworks, 349 Natick, MA). The Matlab input file is available for down-350 load as Supplementary Material on the Journal web page. 351 The collagen fibril axis was determined by interactively dig-352 itizing four vectors along the predominant fibril axis using 353 ImageJ (National Institutes of Health). The average angle 354 of the collagen fibrils with respect to the horizontal was 355 saved to a data file.

A series of morphological operations were used to eliminate background noise and reduce each detected sulfated
GAG to a branched binary wireframe element, one pixel
wide (Fig. 2). It should be noted that sulfated GAGs are
likely aggregates of smaller GAG chains (Ernst et al., 1995;
Scott, 1992). Branched GAGs are therefore either GAGs

projecting off the predominant chain of the main GAG 362 363 aggregate or two or more GAGs overlapping through the thickness of the specimen. As these scenarios could not be 364 discerned using two-dimensional data, branches were bro-365 ken from the main chain keeping only the longest continu-366 ous chain of pixels to represent the GAG. A size filter was 367 applied to remove extremely small objects ( $\leq 10$  nm). These 368 369 small objects were typically residual noise artifacts or 370 GAGs exiting the viewing plane directly. In either case, 371 such small units are subject to error in orientation processing and thus eliminated from all images. 372

373 Once wireframe elements were isolated, a principal component analysis was performed on the coordinates of the 374 375 pixels of each object. This yielded a covariance matrix that 376 was then transformed into the eigenvectors of the GAG. 377 Taking the maximum eigenvector of each object as the definition of its orientation, the vectors associated with the 378 GAGs were compared to the collagen fibril direction and a 379 380 unique angle was quantified for each GAG with respect to the collagen fibril axis. 381

382 The synthetic 2D TEM images from the 3D geometric model were analyzed with the same image processing 383 384 pipeline. Therefore, analysis of the simulation data was 385 subject to the same overlap, branching, and length errors 386 found in TEM images. Output data from simulation 387 sections were the same as TEM data, including GAG lengths and orientations with respect to local collagen 388 389 direction.

#### 2.11. Statistical analysis

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Data from the geometric models were analyzed using 391 392 ANOVA with Tukey post hoc tests. Data for GAG orienta-393 tion with respect to collagen fibrils and GAG length data 394 were collapsed into discrete bins  $(0-10^\circ, 11-20^\circ, \text{ etc.})$  and 395 histograms were generated. The overall number of GAGs in a simulation section and the number of GAGs at each 396 angle and length bin were compared between and within 397 398 models. Significance was set at  $\alpha = 0.05$ .

399 Results from TEM image measurements were analyzed with Kolmogorov-Smirnov (KS) tests to assess 400 normality of data distribution. Parametric statistical 401 402 analyses were preferred, but in cases with small sample 403 sizes and/or non-normal distribution per the KS, nonparametric alternatives to the parametric tests were 404 chosen. Significance for all tests was set at  $\alpha = 0.05$ . 405 Independent t-tests were used to detect significant 406 407 changes in the overall number of GAGs for the DMB assays as well as the image processing runs. Data for 408 409 GAG orientation with respect to collagen fibrils were collapsed into discrete angle bins (0-10°, 11-20°, etc.) and 410 histograms were generated. Independent *t*-tests were used 411 to detect significant changes in the total number of GAGs 412 413 at each individual angle bin between control and ChBtreated groups. Control and treated images for individual 414 415 knees were compared using the Mann–Whitney U due to non-normal data distributions. 416

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Fig. 2. Demonstration of the image processing procedure used to isolate sulfated GAGs in the TEM images and to determine their orientation angles. (A) Portion of sample image (three representative stained GAGs circled). (B) Sample image after high pass and background intensity filtering. (C) Convolved binary image improves GAG internal connectivity. (D) Wire frame representation used to calculate orientation unit vectors (arrows) of stained GAGs via principle component analysis with respect to collagen fibril axis (large arrow, (A)). As dermatan sulfate is a single polysaccharide chain, branched wire frame objects were broken and only the longest continuous chain was retained. Bar = 50 nm.

#### 417 3. Results

#### 418 *3.1. 3D* geometric model and sensitivity studies

The average collagen radius for the baseline model was 92.5  $\pm$  0.89 nm, with a collagen cross-sectional area ratio of 63.3  $\pm$  1.6%. The seed number had no significant effect on GAG quantity, length, or orientation between or within models (all *p*-values  $\ge$  0.125). Based on this finding, the results of the 10 models examining seed number were averaged to create a master baseline model.

426 Results for GAG angle with respect to the collagen fibril 427 from the geometric models were plotted as a histogram 428 (Fig. 3A). The true 3D orientation of the GAGs had very 429 few coaxially aligned GAGs (0-10°) but increased linearly 430 towards orthogonal orientations (81-90°). The alignment 431 of GAGs occupying the sectioning volumes, measured with 432 respect to the viewing plane, showed a higher percentage at 433 coaxial orientations, but a nearly linear increasing trend 434 towards orthogonal orientations. The orientations in 2D of 435 GAGs projected onto the viewing plane were determined 436 using the TEM image analysis algorithm. These GAGs 437 were also measured with respect to the viewing plane and 438 showed higher concentrations at coaxial orientations, but 439 did not begin to increase in number until near orthogonal 440 orientations (51–60°), creating a bowl-shaped distribution.

GAG length was plotted as a histogram (Fig. 3B). The 441 true 3D orientations of the GAGs in the baseline geometric 442 model exhibited a nearly Gaussian distribution, centered at 443 69 nm. This result is consistent with the input parameter to 444 445 the baseline model. The apparent lengths of GAGs occupying the sectioning volumes, measured with respect to the 446 viewing plane, were shorter due to projection. The lengths 447 decayed steadily from a maxima at the shortest measure-448 ment of 11 nm. The lengths of GAGs projected onto the 449 viewing plane determined using the TEM image analysis 450 algorithm also exhibited a minima at the shortest length. 451 The profile decayed exponentially with increasing GAG 452 453 length.

Changes to collagen diameter and GAG concentration 454 455 had no significant effect on the GAG length or orientation distributions (all *p*-values  $\ge 0.125$ ). In contrast, changing 456 the GAG length distribution had a dramatic effect on the 457 GAG orientation and length profiles and magnitudes (all p-458 459 values  $\leq 0.05$ ). Fig. 3C and D shows the angle and length predictions for two different GAG length input distribu-460 tions (50, 100 nm). With respect to angle (Fig. 3C), when the 461 prescribed GAG length input distribution was shortened, 462 larger orthogonal populations and smaller coaxial popula-463 tions of GAGs were created. Increased input GAG length 464 had the opposite effect, increasing the entire angle distribu-465 tion, especially coaxial orientations. Apparent GAG length 466

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Fig. 3. GAG orientation and length from 3D model data. (A) In the 3D geometric volume, very few GAGs are coaxial, with numbers increasing towards orthogonality. GAGs contained in the section volume (3D Model sections) exhibit higher percentages of coaxial GAGs, but still trend towards orthogonality. This is due in part to interpolation error of the GAG angle as it is projected onto a plane. Two-dimensional images after image processing take on a slightly inverse Gaussian distribution, but still trends towards orthogonality. (B) GAG length distribution in the 3D model volume is centered at the input parameter ( $69 \pm 23$  nm) in length. After projection of the section volume, the apparent GAG lengths are shorter. GAG lengths after image processing fall off much more steeply due to size filtering in the image processing algorithm. The difference in profile before and after processing arises from the clipping artifact when GAGs are not fully contained within the section. (C) Sensitivity of GAG orientation to changes in GAG length parameters. (D) Sensitivity of measured GAG length to changes in GAG length parameters. Increasing or decreasing the GAG length parameter causes the shape and relative magnitudes of both the 3D geometric model and 2D images to shift from baseline ((A) vs. (C), (B) vs. (D)).

showed similar trends (Fig. 3D). Decreased input GAG
length shifted the normal distribution and created a steeper
exponential decay in image processed data. In contrast,
increased input GAG length flattened the decay resulting in

471 an apparently longer GAG population.

### 472 3.2. Specificity of chondroitinase B for dermatan sulfate

473 ChB treatment reduced the DS standard by 77% 474 (Fig. 4A) but had no significant effect on chondroitin sul-475 fates A or C, heparin sulfate, or keratin sulfate (p < 0.001). 476 ChB is only capable of degrading the iduronic acid contain-477 ing portions of the DS stock GAG (Linhardt et al., 1991; 478 Theocharis et al., 2001). The balance of undigested DS stock solution is likely to be the portions of the DS GAGs479that contained glucuronic acid.480

### *3.3. Dermatan sulfate reduction in ligament* 481

Control specimens contained roughly  $1.5 \pm 0.5 \,\mu g$  of 482 DS per milligram of tissue dry weight (Fig. 4B). Treat-483 ment with ChB significantly reduced the DS content by 484 over 93% (p < 0.001). The DS content of the samples 485 was calculated as the amount of GAG in the papain 486 extracts that is digestible with ChB. The difference in per-487 cent reduction of DS in ligament compared to stock solu-488 tion concentration of DS arises from differences in 489 normalization. 490

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Fig. 4. Effect of chondroitinase B treatment on stock GAG solutions and treated ligament specimens. (A) Chondroitinase B (1.0 U/ml) was incubated with glycosaminoglycans (500  $\mu$ g/ml) for 6 h. GAG concentration was determined using the DMB assay. Concentrations were normalized to control reactions, which did not contain ChB. DS, dermatan sulfate; CsA,C, equal mixture of chondroitin sulfates A and C; HS, heparin sulfate; KS, keratin sulfate. N = 6, error bars = standard deviation. (B) Reduction in dermatan sulfate concentration from control to treated ligament specimens was 93.3% (p < 0.001). DS content was normalized to dry weight of the specimen. N = 5, error bars = standard deviation.



Fig. 5. Representative TEM images of medial collateral ligament stained with Cupromeronic Blue (large arrow denotes collagen fibril direction). (A) Control tissue with darkly stained sulfated GAGs. (B) Tissue treated with Chondroitinase B. Note the decrease in the number of fibril spanning sulfated GAGs and the preferred orientation of remaining GAGs along the collagen fibril direction. Bar = 200 nm.

#### 491 3.4. Transmission electron microscopy

492 Images of control tissue collected via TEM exhibited 493 typical Cupromeronic Blue staining of sulfated GAGs (Cribb and Scott, 1995; Scott, 1988; Scott and Thomlinson, 494 495 1998) (Fig. 5A). The apparent orientation of the stained 496 GAGs was predominantly orthogonal and coaxial to the 497 fibrils, although orientations were distributed in between 498 these extremes as well. The apparent GAG length in control 499 images ranged from approximately 10 nm up to 400 nm in 500 the most extreme cases (mean  $31 \pm 22$  nm). In general, the 501 extremely long GAGs were found along collagen fibrils in 502 the interfibrillar space between adjacent fibrils. Spacing 503 between neighboring sulfated GAGs was observed in the 504 expected range of the D-period band gap, roughly 60-505 70 nm (Pringle and Dodd, 1990; Scott, 1988; Scott and 506 Orford, 1981). Treatment with ChB reduced the overall number of stained sulfated GAGs by 86% (p < 0.001) 507 508 (Fig. 5B). GAGs visible after ChB digestion were generally 509 longer than those in control images and preferentially

aligned coaxial to the collagen fibrils (mean  $45 \pm 13$  nm, 510 range 10–350 nm). 511

#### 3.5. Orientation of sulfated GAGs via image processing 512

The apparent angular orientation of sulfated GAGs 513 with respect to collagen fibrils was significantly altered by 514 ChB treatment (Fig. 6). The control tissues exhibited an 515 inverse Gaussian distribution with relative peaks at coaxial 516 (0-10°) and orthogonal (80-90°) orientations (median 517 angle =  $47.0^{\circ}$ ) (Fig. 6A). After ChB treatment, the apparent 518 orientation of the remaining (non-DS) stained GAGs 519 shifted to a positively skewed distribution (median 520 angle =  $19.7^{\circ}$ ) and showed a significant decrease in the total 521 number of stained GAGs (p < 0.001). 522

Control and treated GAG orientation profiles were compared for each discrete angle bin. Across all knees, coaxial orientations showed a significant 69% decrease in the number of GAGs after treatment with ChB (p < 0.001). The percentage increased linearly with angle towards a 96% 527

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Fig. 6. Distribution of sulfated GAG angles with respect to collagen fibril orientation. (A) Sulfated GAGs in control images exhibit an inverse Gaussian distribution (median 47.0°) with relative peaks at coaxial (0–10°) and orthogonal orientations (81–90°). Non-dermatan sulfate GAGs shift to a positively skewed coaxial alignment (median 19.7°). Treatment with ChB resulted in an 86% reduction in the number of sulfated GAGs (p < 0.001). GAGs were significantly reduced by a minimum of 69% (coaxial) up to roughly 95% at orthogonal orientations (p < 0.001). (B) Distribution of dermatan sulfate angle with respect to collagen fibril orientation. Dermatan sulfate exhibited an inverse Gaussian distribution (median 55°) trending from a minor peak at coaxial orientation to a predominant peak at orthogonal orientation. N = 5, error bars = standard deviation.

reduction at orthogonal orientations. Analysis of the GAG reduction by angle bin in individual knees showed a similar trend. Of the five knees examined, four knees exhibited a significant decrease in all angle bins (p < 0.001). The final knee showed significant decreases in the number of GAGs in all angle bins except one, the coaxial orientation (p < 0.001 and p = 0.81, respectively).

535 The apparent orientation of DS with respect to collagen 536 fibrils was derived by subtracting the treated distribution profile from the control distribution profile (Fig. 6B). DS 537 alone exhibited a less dramatic inverse Gaussian distribu-538 539 tion than control samples. DS distribution was negatively 540 skewed (median angle =  $55.0^{\circ}$ ) with a minor peak at coaxial 541 alignment and a predominant peak at orthogonal orientations. From this profile it was estimated that nearly 60% of 542 543 DS GAGs are oriented at angles greater than 45° with 544 respect to collagen fibrils.

#### 4. Discussion

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Interpretation of the results from the analysis of the 3D 546 547 baseline geometric model provides an understanding of the errors in measurement of apparent length and orientation 548 from 2D TEM micrographs due to projection. The stained 549 GAGs in 2D TEM micrographs may be oriented so that 550 551 they leave the plane of section. Measurement of the 2D inplane GAG length underestimates the true length by some 552 553 factor of the cosine of the through-thickness angle with respect to the plane. Also, TEM sections are simply slices 554 555 through native tissue without regard to the position of the structure in the depth of field. Without a priori knowledge of 556 the underlying geometric structure, one cannot presume to 557 know which stained GAGs were cleaved in the sectioning 558 559 process and which were contained wholly within the preparation. Modeling the collagen/GAG geometry in 3D pro-560

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Fig. 7. Schematic of errors in measurement of apparent orientation and length due to projection onto a viewing plane. (A) Collagen fibril with a GAG parallel to the viewing plane. When projected, the GAG length and orientation in the 2D plane will reflect the true length (Y) and true angle ( $\alpha$ ) with respect to the fibril. (B) Rotate the same collagen fibril and GAG 90° so the GAG is extended into the viewing plane. The GAG has the same length and angle in three dimensions, but the projected length and orientation are shorter (y) and more coaxial ( $\beta$ ) with respect to the fibril.

561 vides the necessary a priori information to interpret the 2D 562 TEM image data. As shown in Fig. 3, the distributions of 563 apparent GAG angle and length change when the image 564 data are projected to two dimensions. The apparent number 565 of GAGs aligned at coaxial orientations increases dramati-566 cally after 2D projection, both in simple projection and after 567 image processing of the planar projection (Fig. 3A). Since 568 the true orientation of the GAG population was much more 569 orthogonal than coaxial as shown by the volume data 570 (Fig. 3A, filled triangles), this is an artifact. Within the entire 571 volume, GAG angle was measured with respect to the colla-572 gen fibril from which it originated. A GAG extending from 573 a fibril parallel to the viewing plane would retain the true 574 angle since projection simply maps it onto the viewing plane 575 (Fig. 7A). In contrast, a GAG extending from a fibril toward 576 the viewing plane would appear more vertical with the 577 respect to the viewing plane (Fig. 7B). Therefore, the projec-578 tion error is primarily due to the orientation of GAGs rela-579 tive to the viewing plane rather than their orientation with 580 respect to the collagen fibril.

581 When the lengths of GAGs in the 3D geometric model 582 were analyzed, the GAG length distribution was as 583 described by the input parameter in a nearly Gaussian pro-584 file (Fig. 3B, filled triangles). Projection onto a 2D plane 585 significantly shortened the apparent GAG lengths until 586 their maxima were at the shortest measurable length 587 (Fig. 3B, open circles). Further image processing of the pro-588 jected planar image intensified this effect, creating a max-589 ima at the shortest length and an exponential decay in 590 frequency with increasing length (Fig. 3B, filled circles). In 591 order to reduce noise artifacts in measures of angle and 592 GAG length in TEM images, a size filter is applied to 593 remove any GAGs below 10nm since they are more prone 594 to misinterpretation against background noise.

Pertaining to MCL specimens, the biochemical analyses 595 596 demonstrated that ChB treatment was effective in eliminating DS GAGs, allowing us to examine their orientation as a 597 598 subpopulation when compared to all sulfated GAGs. Up to 96% of DS in human MCL specimens was removed by 599 600 enzymatic digestion, while TEM image processing resulted in a total sulfated GAG reduction on the order of 86% (in 601 terms of number, not weight). This demonstrates that DS is 602 the predominant sulfated GAG in the human MCL. Previ-603 ous studies have reported that, purely by number, the 604 majority of PGs in connective tissue are decorin with its 605 associated DS side chain (Amiel et al., 1990; Raspanti et al., 606 1997; Scott, 1988; Vogel et al., 1993). Studies in bovine liga-607 ment and human tendon have shown that while decorin/DS 608 comprise up to 90% of the PGs in ligament by number, 609 smaller concentrations of biglycan and versican are present 610 (Campbell et al., 1996; Ilic et al., 2005; Vogel et al., 1993). 611 These proteoglycans may both contain GAG chains of 612 chondroitin sulfates A and C, the likely sulfated GAGs 613 present in ligament after ChB treatment. Traces of aggre-614 can, a PG that contains numerous keratin sulfate and chon-615 droitin sulfate side chains, may also be found in extremely 616 small concentrations but are much more prevalent in other 617 musculoskeletal soft tissues such as articular cartilage. 618

The apparent orientation and length data obtained from 619 analysis of the 2D TEM sections can be interpreted in the 620 context of the 3D geometric model to determine the appro-621 priateness of the assumptions of the 3D geometric model 622 623 and to interpret the results of the 2D TEM measurements. Analysis of the 2D TEM images showed that DS GAGs 624 were apparently oriented at all angles with respect to the 625 collagen fibrils (Fig. 6A and B). However, these data are 626 627 subject to the projection errors discussed previously. Fig. 8 shows the GAG angle distribution from the 2D TEM 628 629 images from Fig. 6B and the GAG length distribution from the 2D TEM images (not shown previously), plotted with 630 the results from the 3D geometric model from Fig. 3. Simu-631 lation data from Fig. 3 were generated using a population 632 with a GAG length describing only DS, not the longer non-633 DS GAG chains. The GAG apparent length and angle data 634 from the 2D TEM images are in very good agreement with 635 the projected and processed data from the 3D model in 636 both angle (Fig. 8A) and length (Fig. 8B). In both cases, the 637 distributions from the 2D TEM images are nearly identical 638 to the distributions from the baseline 3D geometric model. 639 This strongly suggests that the length distribution used in 640 the baseline model  $(69 \pm 23 \text{ nm}, (Morgelin et al., 1989))$  pro-641 vides a realistic description of DS length distribution in 642 human MCL. Furthermore, it is clear from Fig. 3C and D 643 that the angle and length distributions from the 3D model 644 are highly sensitive to the assumed GAG length distribu-645 tion, further supporting the interpretation of our experi-646 mental TEM data with the results of the baseline 3D 647 geometric model. 648

Analysis of the GAG orientations with respect to the 649 collagen fibrils demonstrated distinct differences between 650 DS and non-DS species within human ligament. Non-DS 651

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Fig. 8. Data from the 3D geometric model and 2D TEM images for GAG angle and length. (A) Histograms of GAG angle with respect to collagen fibril. Measurements from the 2D synthetic images generated from the 3D geometric model (open circles) are in very good agreement with the 2D TEM data (closed circles). (B) Histograms of GAG length. Again the measurements from the 2D synthetic images generated using the 3D geometric model are in excellent agreement with measurements from the 2D TEM images, with a peak at the smallest length and exponential decay as length increases. The agreement between the measurements from the 2D synthetic images demonstrates that the baseline model accurately describes GAG length and distribution in the collagen matrix. Thus, the true underlying distributions are similar to the predictions from the baseline 3D geometric model (open triangles).

652 GAGs preferred coaxial alignment with collagen fibrils and 653 were longer than DS GAGs, whereas DS GAGs trended 654 towards orthogonality but were found in all orientations with some regularity. In a study by Morgelin et al. (1989), 655 656 average decorin GAG chain length was 69 nm, while a group of large PGs, when extended, had core protein 657 658 lengths up to 300 nm. The results of a study of bovine ten-659 don and ligament using TEM agree with the sulfated GAG 660 length ranges stated previously, as well as the observation 661 that smaller GAGs spanned fibrils while larger GAGs were 662 typically found between and along collagen fibrils (Van 663 Kuppevelt et al., 1987). The molecular weight range of the

larger GAGs in their study was 165–200 kDa, consistent 664 with previous observations of aggrecan. 665

Until this study, most observations of the distribution of 666 DS focused on GAG species determination and the binding 667 site between decorin and collagen fibrils (Cribb and Scott, 668 669 1995; Kuwaba et al., 2001; Scott and Orford, 1981; Scott and Thomlinson, 1998; Van Kuppevelt et al., 1987). These 670 studies qualitatively described the sulfated GAGs as 671 orthogonal to the collagen fibrils, but did not necessarily 672 distinguish between the subpopulations of sulfated GAGs 673 and their specific orientations. Although our results demon-674 strate that DS does indeed prefer orthogonal orientations, 675 almost 40% of DS GAGs were oriented across a range of 676 angles around and along the collagen fibril, a significant 677 proportion of the overall DS population that had previ-678 679 ously been overlooked. This is in agreement with qualitative observations from atomic force and scanning electron 680 microscopy of the rat tail tendon (Raspanti et al., 1997, 681 2002), which demonstrated that a network of thin filaments 682 wrap along the surface or span between neighboring colla-683 684 gen fibrils. In these studies, treatment with chondroitinase ABC removed these thin filaments, suggesting that the 685 GAGs were DS and/or chondroitin sulfates A and C. 686

The observed size and orientation of the sulfated GAGs 687 may be indicative of their potential functional roles. Large 688 proteoglycans such as versican and aggrecan are associated 689 with large numbers of peripheral GAGs like chondroitin 690 sulfates A and C and keratin sulfate. The large number of 691 localized GAGs and their high electronegativity allows 692 them to trap large amounts of water. They are found in 693 large quantities in highly hydrated tissues like articular car-694 695 tilage that experience primarily hydrostatic loading condi-696 tions (Basalo et al., 2004; Frank et al., 1987; Seog et al., 2005; Theocharis et al., 2001; Zhu et al., 1993). The presence 697 698 of versican and aggrecan in ligament may suggest similar physiological roles. As they appear to be found between 699 collagen fibrils and orientated coaxially, the presence of a 700 highly hydrated PG would provide resistance to water 701 702 movement through the tissue while possibly acting as a 703 lubricant as adjacent collagen fibrils slide relative to one another. 704

705 In contrast, DS GAGs were much smaller than the large non-DS GAGs in the TEM images and they were preferen-706 tially orientated in a fibril spanning position, although they 707 could be found at all angles with respect to collagen. There 708 were significantly more DS molecules than non-DS mole-709 cules. Decorin/DS has been implicated in limiting collagen 710 fibril diameter and controlling fibril spacing (Iozzo, 1998), 711 and it has been suggested that the DS GAGs may link adja-712 713 cent fibrils and transmit mechanical forces in various 714 fibrous tissues (Danielson et al., 1997; Liu et al., 2005; Pins 715 et al., 1997; Redaelli et al., 2003; Robinson et al., 2005; Scott, 2003; Scott and Thomlinson, 1998; Vesentini et al., 716 2005). DS may act as a spacer between fibrils by surround-717 ing the collagen fibril bundles, ensuring repeatable spacing, 718 719 while self-associating with other DS molecules from neighboring fibrils to keep the network intact. 720

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721 A potential limitation, artifacts arising from the image 722 processing pipeline may influence the distribution of 723 GAGs, as the algorithms are not without bias. The "art" of 724 image processing has no gold standard, since even raw 725 images must first be interpreted by a human to determine 726 what data in the field of view are valid. That said, algo-727 rithms to remove background noise and to detect stained 728 GAGs can only be evaluated by simple comparison of raw 729 images with processed images. From there it is the observa-730 tion and interpretation of the viewer that determines what 731 is an acceptable result. In this study, a small population of 732 raw images was manually compared to their line element 733 counterparts. Features under scrutiny were the shape, ori-734 entation, and position of GAGs with respect to their neigh-735 bors. It was found that all stated characteristics of detected 736 GAGs agreed very well against raw images, but up to 5% of 737 GAGs were either not detected or were detected errone-738 ously. These errors would be expected to be found in any 739 set of images, and as this was a comparative study, the 740 difference between control and treated cases would essen-741 tially result in error cancellation.

742 In conclusion, a 3D geometric model of collagen fibrils 743 and GAGs was constructed, analyzed, and then used to 744 interpret the results of measurements of sulfated GAGs in 745 human medial collateral ligament from TEM micrographs. 746 An image processing pipeline was developed and used to 747 segment sulfated GAGs in digital TEM images, to deter-748 mine their orientation with respect to their local collagen 749 fibrils, and to quantify their apparent length. The 3D model 750 allowed accurate interpretation of geometric measurements 751 from 2D TEM images by interpolating the differences 752 between volumetric orientation and geometries and their 753 respective projections into two dimensions. DS was the pre-754 dominant sulfated GAG in the mid-substance of human 755 MCL by number, and it was most often found in orienta-756 tions spanning adjacent fibrils. A significant proportion of 757 DS GAGs, up to 40%, were found at angles not associated 758 with fibril spanning orientations. Non-DS sulfated GAGs, 759 however, were oriented almost exclusively along the long 760 axis of the collagen fibrils. These data provide a foundation 761 for improvements of models simulating the fibril linking 762 capabilities of DS GAGs, which to date have only assumed 763 a simplified orthogonal GAG arrangement. However, only 764 direct mechanical experimentation of the microenvironment 765 of connective tissues will be able to conclusively determine if 766 DS provides structural support in connective tissues.

### 767 Acknowledgment

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